

This teaching story was given to me by a participant at a boot camp on effective leadership in business. I use this story /poem in business training workshops on best practices in team building, how to discourage the blame game and how to stop 'that's not my job' mentality. The story applies to life in general, families and any group that you can think of.

**Here's my take on the story:** as a promoter of **staying upbeat** I believe **anybody** can do the following: in many business offices, families and organizations those with the 'victim mentality' think that **nobody** else does anything. Don't waste **your** energy playing the victim. Instead of complaining about the darkness light a candle. Do the right thing even when **nobody** is looking or even when you don't get the credit. You build character. You build problem solver's muscles. Besides, with a relaxed and clear heart, you will sleep better at night.

**So, as leaders let you and I become the locomotives to educate, motivate, energize and empower **everybody** so that **nobody** can complain to **anybody** about life being hopeless due to that **somebody**!**

Idealistic, you say, so what. Wouldn't you prefer to look towards possibilities rather than run away from problems and become a depressed person with the victim mentality? Besides, achievers have direction. They look for projects. They are doers. They get energized taking responsibilities. And in all this **they** stay young. You and I are achievers.

**Visit >>> [www.stayingupbeat.com](http://www.stayingupbeat.com)**